

**ADULT STUDENT THRIVING QUOTIENT™**  
**VARIABLE CODING**

Thank you for agreeing to complete this survey on student success as part of a national project to better understand the adult learner experience. This survey will take about 20 minutes to complete. By submitting the completed survey electronically, you are granting us permission to use your results in our study. No individual information will ever be reported or released from this survey; your institution will have access to grouped data only. Thanks for helping us understand the adult learner experience!

**Please rate your agreement with each of the items by using a 1 to 6 scale, with 1 indicating "strongly disagree" and 6 indicating "strongly agree."**

	<b>Strongly Disagree</b>			<b>Strongly Agree</b>		
1. I feel as though I am learning things in my classes that are worthwhile to me as a person.	1	2	3	4	5	6
2. I can usually find ways of applying what I'm learning in class to something else in my life.	1	2	3	4	5	6
3. I am confident I will reach my educational goals.	1	2	3	4	5	6
4. I find myself thinking about what I'm learning in class even when I'm not in class.	1	2	3	4	5	6
5. Even if assignments are not interesting to me, I find a way to keep working at them until they are done well.	1	2	3	4	5	6
6. I feel energized by the ideas I am learning in most of my classes.	1	2	3	4	5	6
7. I know how to apply my strengths to achieve academic success.	1	2	3	4	5	6
8. I am good at juggling all the demands of college life.	1	2	3	4	5	6
9. Other people would say I'm a hard worker.	1	2	3	4	5	6
10. I feel like I belong in this program.	1	2	3	4	5	6
11. Other people seem to make friends more easily than I do.	1	2	3	4	5	6
12. Being a student in this program fills an important need in my life.	1	2	3	4	5	6
13. I spend time making a difference in other people's lives.	1	2	3	4	5	6
14. I feel proud of the college or university I attend.	1	2	3	4	5	6
15. I don't have as many close friends as I wish I had.	1	2	3	4	5	6
16. There is a strong sense of community in this program.	1	2	3	4	5	6
17. I value interacting with people whose viewpoints are different from my own.	1	2	3	4	5	6
18. I feel like my friends really care about me.	1	2	3	4	5	6
19. I know I can make a difference in my community.	1	2	3	4	5	6
20. It is important to become aware of the perspectives of individuals from different backgrounds.	1	2	3	4	5	6
21. I feel content with the kinds of friendships I currently have.	1	2	3	4	5	6
22. My spiritual or religious beliefs provide me with a sense of strength when life is difficult.	1	2	3	4	5	6
23. When I'm faced with a problem in my life, I can usually think of several ways to solve it.	1	2	3	4	5	6
24. My perspective on life is that I tend to see the glass as "half full" rather than "half empty."	1	2	3	4	5	6
25. My spiritual or religious beliefs give meaning/purpose	1	2	3	4	5	6

to my life.						
26. It's hard to make friends in this program.	1	2	3	4	5	6
27. It's important for me to make a contribution to my community.	1	2	3	4	5	6
28. I look for the best in situations, even when things seem hopeless.	1	2	3	4	5	6
29. My knowledge or opinions have been influenced or changed by becoming more aware of the perspectives of individuals from different backgrounds.	1	2	3	4	5	6
30. I often feel lonely because I have few close friends with whom to share my concerns.	1	2	3	4	5	6
31. My spiritual or religious beliefs are the foundation of my approach to life.	1	2	3	4	5	6
32. I am confident that the amount of money I'm paying for college is worth it in the long run.	1	2	3	4	5	6
33. I intend to graduate from this institution.	1	2	3	4	5	6
34. Given my current goals, this program is a good fit for me.	1	2	3	4	5	6
35. My close friends encourage me to continue attending this school.	1	2	3	4	5	6
36. If I had it to do over again, I would choose a different university to attend.	1	2	3	4	5	6
37. My family encourages me to complete my degree.	1	2	3	4	5	6
38. Overall, the actions of faculty, staff, and administrators on this campus are consistent with the mission of the institution.	1	2	3	4	5	6
39. My experiences on campus so far have met my expectations.	1	2	3	4	5	6
40. This institution was accurately portrayed during the admissions process.	1	2	3	4	5	6

### How often this year have you:

	<b>Never</b>			<b>Frequently</b>		
Connected with your academic advisor.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Discussed career or grad school plans with a professor.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Discussed academic issues with a professor.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Done research with a professor	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Interacted with your instructors outside of class.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>
Attended campus events or activities.	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>

### Please rate your satisfaction with each of the following:

	<b>Very Dissatisfied</b>			<b>Very Satisfied</b>		
The amount you are learning in your classes.	1	2	3	4	5	6
The grades you are earning so far this year.	1	2	3	4	5	6
Your overall experiences in this program this year.	1	2	3	4	5	6
The amount of contact you have had with professors this year.	1	2	3	4	5	6
The interaction you have had with your advisor this year.	1	2	3	4	5	6
The level of service provided by university staff.	1	2	3	4	5	6
The kinds of interaction you have had with other students	1	2	3	4	5	6

in your program this year.						
The quality of the interaction you have had with your instructors so far this year.	1	2	3	4	5	6
Your physical health.	1	2	3	4	5	6
Your mental health.	1	2	3	4	5	6
The interactions you have had this year with students of different ethnic backgrounds.	1	2	3	4	5	6
Professors' sensitivity to the needs of diverse students.	1	2	3	4	5	6
Professors' encouragement for students to contribute diverse perspectives in class discussions.	1	2	3	4	5	6
The degree to which your instructors include diverse perspectives in the curriculum.	1	2	3	4	5	6
The level of compassion your instructors have shown this year as you have faced challenges.	1	2	3	4	5	6

Items specific to the Council for Christian Colleges & Universities:

**To what extent has each of the following changed during your time on this campus? Please rate each item by using a 1 to 6 scale, with 1 indicating "significantly decreased" and 6 indicating "significantly increased."**

	SD					SI
My ability to discern God's leading in my life.	1	2	3	4	5	6
My participation in personal times of Bible study.	1	2	3	4	5	6
My repentance in response to my own sin.	1	2	3	4	5	6
My commitment to serve others.	1	2	3	4	5	6
My ability to integrate my faith into daily life decisions.	1	2	3	4	5	6
My commitment to involvement in Christian community, such as the local church.	1	2	3	4	5	6
My quality of relationships with others.	1	2	3	4	5	6
My participation in personal times of prayer.	1	2	3	4	5	6
My commitment to a biblical worldview.	1	2	3	4	5	6
My ability to share my faith with others.	1	2	3	4	5	6
My compassion for people in need.	1	2	3	4	5	6
My ability to live out the Christian faith in a pluralistic world.	1	2	3	4	5	6
My ability to relate to those who are different from me.	1	2	3	4	5	6

**Finally, please tell us a little about yourself. Your answers will be grouped with those of other students to help us understand our students better. No individual information will be reported for any reason.**

Gender: \_\_\_ female \_\_\_ male \_\_\_ non-binary \_\_\_ prefer not to respond [optional for the CCCU]

Which of the following best describes your sexual orientation? [optional for the CCCU]

- \_\_\_ straight/heterosexual
- \_\_\_ gay/lesbian
- \_\_\_ bisexual
- \_\_\_ other
- \_\_\_ prefer not to respond

Age:  under 25  25-29  30-34  35-39  40-44  45-49  50-54  55-59  
 60 or older

Marital Status:  Never Married  Married  Separated  Divorced  Widowed

Children:  0  1-2  3-4  5 or more

Did either of your parents attend college?  yes  no

Veteran:  Post-9/11  Pre-9/11  No

I am currently enrolled in a:

- cohort program (sequenced set of courses with the same group of students)
- traditional undergraduate program (primarily day classes with students who are mostly 18-24 years old)
- other (describe)

Major or Program/Degree name: \_\_\_\_\_

My program is conducted primarily (80% or more):

- Face-to-face in the classroom at the main campus of my university
- Face-to-face in the classroom at a regional center or off-campus site
- Combination online and face-to-face classroom at the main campus of my university
- Combination online and face-to-face classroom at a regional center or off-campus site
- Online

How many units or credits are you taking this term?

- 1 to 4  5 to 8  9 to 12  12 or more

I have completed \_\_\_\_\_ % of my degree.

- 0%
- 25%
- 50%
- 75%
- 100%

How would you describe your high school grades?

- mostly A's
- mostly A's and B's
- mostly B's
- mostly B's and C's
- mostly C's
- below a C average

What is your household income level?

- less than \$30,000 a year
- \$30,000 to \$59,999
- \$60,000 to \$89,999
- \$90,000 to 119,999
- \$120,000 and over

How many hours per week do you work for pay?  none  1-5  6-10  11-15  16-20  21-25  26-30  31-35  36-40  more than 40 hours

Race/ethnicity

- African-American/Black
- American Indian/Native American/Alaskan Native
- Asian/Asian-American/Asian/Native Hawaiian/Pacific Islander
- White/European American
- Latinx/Hispanic
- Multiethnic
- Other (please specify: \_\_\_\_\_)
- Prefer not to respond

Are you an international student?  yes  no

How confident are you that the major or area of study you have chosen is a good fit for you?

Very Unsure  Unsure  Somewhat Unsure  Somewhat Sure  Sure  Very Sure

Considering the financial aid you've received and the money you and your family have, how much difficulty have you had so far in paying for your school expenses?

- No difficulty
- A little difficulty
- Some difficulty
- A fair amount of difficulty
- Great difficulty

**Please indicate the impact that attending school has had on your relationships with each person listed below:**

-My spouse/partner

- Not applicable  significantly negative impact  moderately negative impact
- somewhat negative impact  somewhat positive impact  moderately positive impact
- significant positive impact

-My children

- Not applicable  significantly negative impact  moderately negative impact
- somewhat negative impact  somewhat positive impact  moderately positive impact
- significant positive impact

-Other family members

- Not applicable  significantly negative impact  moderately negative impact
- somewhat negative impact  somewhat positive impact  moderately positive impact
- significant positive impact

-My friends

- Not applicable  significantly negative impact  moderately negative impact
- somewhat negative impact  somewhat positive impact  moderately positive impact
- significant positive impact

-My co-workers

- Not applicable  significantly negative impact  moderately negative impact

somewhat negative impact  somewhat positive impact  moderately positive impact  
 significant positive impact

-My boss/supervisor

Not applicable  significantly negative impact  moderately negative impact  
 somewhat negative impact  somewhat positive impact  moderately positive impact  
 significant positive impact

When you chose to enroll in this program, was it your first choice?  yes  no

We are interested in what helps adult learners thrive as undergraduates. Thriving is defined as getting the most out of your college experience, so that you are intellectually, socially, and psychologically engaged and enjoying school. Given that definition, to what extent do you think you are THRIVING as a student this term?

not even surviving  
 barely surviving  
 surviving  
 somewhat thriving  
 thriving most of the time  
 consistently thriving

What has happened this term that has led to your perception of whether you are thriving or not?

STUDENTID If you would like to be entered into a drawing for a prize, please provide your student ID:

\*\* Identifying information is collected for research purposes and prize award only – no identifying characteristics will be shared or disseminated. \*\*

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**THANK YOU for your willingness to give us your time and feedback on this survey!**

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